

Quotes from Chapter (1)

“They are not disturbed to find that they are not the same from day to day, that they do not always hold the same feelings toward a given experience or person, that they are not always consistent. They are in flux, and seem more content to continue in this flowing current.”

(Rogers 1961, 171)

Quotes from Chapter (2)

“What Aristotle called *akrasia* is, very roughly, a trait of character exhibited in uncompelled, intentional behavior that goes against the agent’s best or better judgment – that is, is a judgement to the effect that it would be best to do A, or (instead) better to do A than to do B.”

(Mele 1995, 5)

“... behave with a *full sense of volition, willingness and choice, ...*.”

(Ryan & Deci 2014, 16)

“S holds a decisive judgment at t that it would be better to A later than to B later. At t, S is more strongly motivated to A later than to B later; but, thinking that as the time for action draws nearer he may become more strongly motivated to B than to A, he exercises self-control at t in support of his A-ing later.”

(Mele 1995, 32)

“This stream of experience, and consequently, our intrapersonal and interpersonal worlds, constantly change as novel challenges and experiences arise. ... Thus, it is possible to be ‘integrated’ only in relation to past experiences before novel experiences come along that require further integration.”

(Hodgins & Knee 2002, 88)

“SDT is an approach to human motivation and personality ... employing an organismic metatheory that highlights the importance of humans’ evolved inner resources for personality development and behavioral self-regulation.”

(Ryan & Deci 2000, 68)

References:

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